

**Ear, Nose & Throat Specialists
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Instructions for Draining Ears after Tube Surgery

Draining ears after tube insertion **ALWAYS** indicates an ear infection and IS **NOT** considered an emergency. The drainage may be **watery** or very **thick** and may present as **milky white, yellow, green** or **bloody**. When drainage is identified you may start using the following directions even if it is at night or on the weekend.

The next day, or after the weekend, please call the office during regular business hours so that we may document the infection in the patient's record.

1. Clean the drainage away from the ear canal opening with Kleenex (never use a Q-tip).
2. Draw the outer ear lobe toward the back of the head.
3. Fill the ear canal with 3 to 4 drops of the Cortisporin Otic Suspension drops or 3 drops of Vasocidin drops.
4. Release the ear lobe and pump the small piece of cartilage (tragus) in the front of the ear 4-6 times. This will help push the drops through the tube into the middle ear.
5. Use these drops 3 times a day for 7 days.
6. If you do not see any improvement by the morning of the 5th day, call the office for advice at (603) 622-3623.

**★ SAVE ★
THESE INSTRUCTIONS**